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Issue 10, Term 3, August 2021

Principal's Message

Welcome back to Term 3. I hope and pray that you are all keeping safe and well during these difficult circumstances that we as a community find ourselves in.

Thank you to all our parents who have shown the College and our Staff their continual support during this online learning period. The feedback the College is receiving has been positive and is a testament to you all.

I trust, by now, your child(ren) online learning routine is running smoothly. A few factors to remember is to ensure that:

1. Child(ren) should be available for their daily homeroom/roll call; and
2. That your Child(ren) are engaged during their classes or lessons

Most importantly, if you or your child(ren) are experiencing any difficulty or are having concerns, we kindly ask that you direct your concerns to the appropriate staff members in order to maintain a level of trust and confidentiality within the College community. When the College is not made aware of any concerns, it becomes difficult for the College to work with you to resolve them.

Parents should also note that you will be receiving a phone call from one of our Staff members to see how things are going with the online learning.

The College is committed to providing you with communication as it come to hand, our plan is to continue to provide you with the most current information, as per the directives the College receives. Our Year 12 Cohort should be preparing the upcoming HSC Trial examination period, which as per the communication provided, is now scheduled to commence on Monday 16 August 2021. We understand and appreciate that there may be some areas of concern, as such the College held a Year 12 Q&A Session on Tuesday, I trust that this assisted in alleviate any of your concerns.

On Friday 6 August the College will hold an assembly to celebrate the achievements of our High School students throughout Semester 1, to be held during Period 3 via Google Meet.

On Wednesday 4 August, we commemorated all the victims of the Lebanese Port Blast. We pray for all those who were affected by that criminal explosion, and we pray for our country to reach the resurrection day.

We ask Our Lady to intercede for us praying:

We beseech you, O Holy Virgin, to receive in peace all who exalt the noble day of your assumption. Pray to the One who shone from you, and who raised you to Him, on this day, to the place where the angels gather and the heavenly venerate and glorify, so that He may wipe away our faults, pour His mercy on to the world, remove from the earth all wars and disputes, bring forth security to all the kingdoms of the land by His compassion, and expel from us all that harms the soul and body. We raise pure praises in serenity to Him, His Father, and His Holy Spirit, forever. Amen.



Rev Fr. Maroun Youssef

Principal

2021 Australian National Census

Upcoming 2021 Australian National Census

At the request of His Excellency Antoine Charbel Tarabay, Maronite Bishop of Australia, New Zealand and Oceania, we encourage you to tick the 'Other' box, when answering the 'What is the person's religion' question and then write Maronite Catholic as per the attached when you are filling the Census forms.

2021_Census_Notice_for_Maronites.pdf
https://stcharbel.schoolzineplus.com/_file/media/775/2021_census_notice_for_maronites.pdf

Director of Primary

My thoughts and prayers go out to you and your families as everyone experiences a different sort of Term 3 this year. I am aware that many parents are worried that they are not helping their children adequately with remote learning and are afraid that their children will fall behind. Rest assured that every parent has the same concerns so you are not alone in feeling this way. It is a reality that students will not be doing the same work

that they would be doing at school. Take heart from the fact that everyone is in the same boat, so no student is falling behind their peers. Teachers will make sure that students catch up and are ready for 2022 once they are back at school. All the school asks is that families do what they can.

Kindergarten recently celebrated 100 Days of Kindergarten. Unfortunately, the Kindy children were not able to have a parade at school, however, this did not stop them celebrating the day at home! Many families sent photos into the school showing their children either dressing up to look 100, or acknowledging the day in other ways such as eating breakfast toast cut into the shape of 100. Thank you to Kindy staff for organising activities for their students and to all the parents for supporting the day!

To help lift the Primary students' spirits, a note has gone home to parents regarding 'Green and Gold' day this Friday. To help make it a fun Friday, and as a tribute to the Tokyo Olympics and Australian athletes, the students are being asked to wear green and gold clothing or accessories. The class Google Meets for students in Years 1-6 will be feature fun chats rather than their usual teaching and learning. The teachers are looking forward to seeing what their students will be wearing on Friday!

To take the pressure off families struggling with remote learning, the whole school will be having a pupil free day, or 'Feel Good Friday' next week, i.e. Friday 13 August. This is to give students, and parents, a break from remote learning and any school pressures. It will also give teachers the chance to catch up on planning, marking and emails.

Hopefully, families will be able to take a breather and relax without the pressure of ensuring school lessons are done. A list of suggested activities has gone home with the parent note about 'Free Good Friday'. The staff look forward to seeing and hearing about the fun activities that the children and their families take part in. Remember to send photos of your children into the school at info@stcharbel.nsw.edu.au under the heading of 'Feel Good Friday.'

Thank you to everyone for your support and understanding in these trying times!

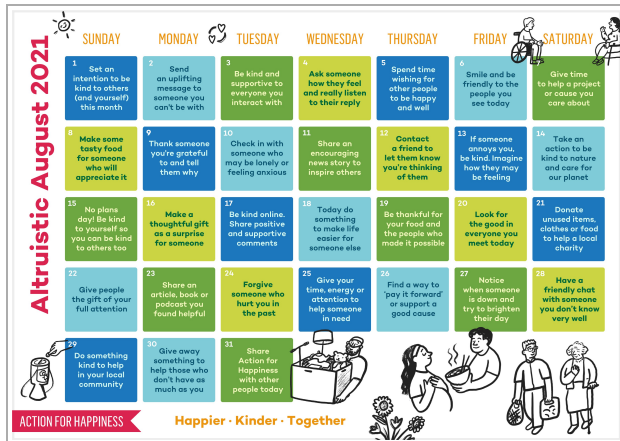
Ms Maree Kelly

Director of Primary

Director of Pastoral Care 7-12

Welcome to Altruistic August! Be kind to others and yourself this month. This epitomises the spirit of our College – Humility, Service and Responsibility. We are called to live this way today, as much as ever!

You are invited to share your experience in word and/or pictures throughout Altruistic August to help us thrive and lift our spirits.



Mr Charlie Shalala

Director of Pastoral Care 7-12

Stage 3 Coordinator

Hello Stage Three parents!

The Stage Three teachers and I would like to welcome you all back to term 3. We know that it is not within the most positive circumstances, however we are so proud with how the year 5 and 6 students have approached Remote Learning with a great level of motivation.

We understand that it can be hard for the students being stuck at home and the teachers are checking in with their student's every day. If there are any issues you have please let your child's classroom teacher know.

Our year 6 had recently undertaken an education tour of the national capital. Students were given the opportunity to participate in a variety of educational programs with a focus on Australia's history, culture, heritage and democracy.

The Australian Government recognises the importance of all young Australians being able to visit the national capital as part of their Civics and Citizenship education. To assist families

in meeting the cost of the excursion the Australian Government is contributing funding of \$30.00 per student under the Parliament and Civics Education Rebate program towards those costs. The rebate is paid directly to the school upon completion of the excursion.

Book Club is still running and parents are able to order books online. During this time, books can be a welcome distraction for children. You can find information by clicking on the following links: www.scholastic.com.au/book-club/book-club-parents/ <https://www.scholastic.com.au/media/6360/bc521.pdf> (This is issue 5 in pdf format).

You can still order through the LOOP system that we have always used.

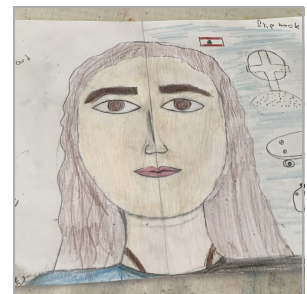
In response to the extended lockdown in some areas of NSW, there is a temporary option for parents to select home delivery when placing their Book Club orders. This option will enable you to place and receive orders while your children are undertaking learning at home.

Parents will be provided with the option to select either school or home delivery for any new Book Club Orders they place. This will help give your students access to great books and resources while they're at home.

The home delivery option will automatically be added to schools in the lockdown area, and the catalogue is available to view on LOOP, so there is no need for you to do anything. Both delivery options will be available until you submit and close the Issue online. Issue 5 is online to parents until 16th August.

For an art lesson, year 6 students were asked to draw a self-portrait, one side is their physical appearance and the other side are things that they identify with and their interests. Here are a few drawings.

Self Portraits



Stay safe and God Bless,

Mrs Shannon Papisavvas

Stage 3 Coordinator

Secondary Writing Centre

The Writing Centre is operating virtually this term to support students in developing their communication skills. All students 7-12 have been invited by email to join the Writing Centre Google Classroom where they can join a Google Meet each Tuesday from 2-3 pm. They may ask questions about specific tasks or projects, or just gain tips in learning to write for audience and purpose.

Mrs Jennifer Fletcher

Secondary English Coordinator

Year 9 History

Year_9_History_Jad_Haidar.pdf

https://stcharbel.schoolzineplus.com/_file/media/774/year_9_history_jad_haidar.pdf

Jad Haidar

Year 9 Student

Primary Enrichment

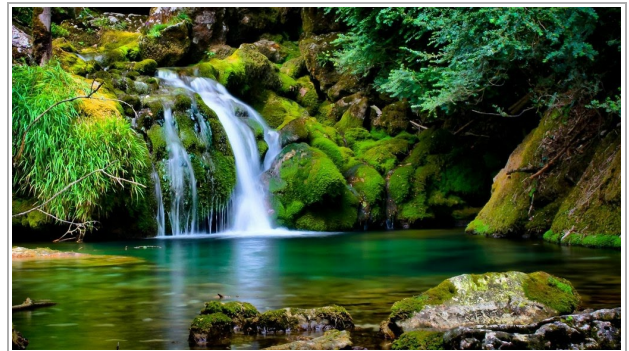
On a dark gloomy night, lightning was crackling through the jet-black sky and thunder was thumping, making the haunted house vibrate. As trees swayed strangely, the icy-cold wind called out to me. I was moving towards the house when I heard a bizarre noise. I ignored it and continued my journey through the thick dense shrubs, getting closer and closer to the eerie house. The withered old house was the scariest sight I'd ever seen. Finally, I got to the door, my heart was beating fast as I took a step back and looked up. I saw cobwebs covering all the windows, and I worked up the courage to knock on the door. It creaked open. I reluctantly walked into the house and looked around. The house was all dusty and it had this strange musty smell. I carefully and slowly wandered around one of the rooms, before heading upstairs. As soon as I reached the second floor, the front door slammed shut.

By Zara S - Year 4



It was almost night when I gazed over the bustling city. I watched with tremendous excitement all the flickering lights, much like a child does when they are in a candy store. I smelled the crisp air which gave me goosebumps. The multi-storey buildings were well within my reach. I could hear all the noisy chatter amongst people below and it gave me a sense of belonging.

By Faith K - Year 4



The glassy, fresh water cascaded rapidly down the canyon. I hear sweet birds chirping loudly from afar. The dazzling, blue sky elongates for miles with no end in sight. The stunning, alluring lake dancing to a superb, glorious melody. While the fearsome, mighty rocks, echo welcoming words.

By Mary K - Year 4

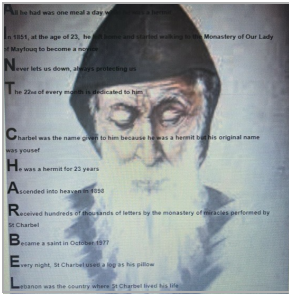
Mrs Peta-Jane Del Favero

Primary Enrichment Teacher

Year 4 Artworks

The Year 4 students have produced some great work about our Patron St Charbel over the course of their first week of remote learning!

Year 4 Artworks



Mrs Charlotte Soueif/Mrs Rima Tahhan

Year 4 Teachers

Year 2 Art

The Year 2 students enjoyed making their tin foil sculptures during their art lessons this week!

Tin Foil Sculptures



Ms Erin Reedy

Stage 1 Coordinator

Counsellor's Corner

When You're Not Sure
What to Say to Your (Teen) Child,
But Know that You Want to Stay in Connection
C H E A T S H E E T

I'm here to support you. No matter what. Let's figure out a solution.

This is really hard right now. But we can do hard things.

Can you help me understand this better? I am listening.

This boundary is not negotiable, but I still want to hear why you disagree.

I know you are upset. When you're ready to talk, I'm here.

Everyone makes mistakes. Let's take a breather, then brainstorm what to do.

WHOLEHearted SCHOOLS CONNECTION

This image provides some ideas of what to say when you are unsure of what to say with your child/teen, but know you want to stay connected.

Mrs Jennifer Harsch/Ms Helena Paras

Counsellors

Career News

Please navigate through the College's webpage to explore Career options with your children. Please feel free to contact me via the school office or email if there are any Careers related issues you would like to discuss.

How to become a Police Officer

What do Police Officers do?

Police Officers protect and serve the public and property, by enforcing laws and investigating crimes. Police Officers are highly trained specialists and have a wide variety of duties, including responding to emergencies, patrolling public areas, conducting criminal investigations and making arrests, and helping to maintain public order.

If you are fit and resilient, hard-working with a strong sense of justice, and want a job that can be extremely challenging but rewarding, becoming a Police Officer could be perfect for you.

About you:

- Fit and strong

- Physically and emotionally resilient
- Passionate about helping people
- Strong sense of justice
- Confident and tough
- Can remain calm under pressure
- Great communicator
- Determined and capable

The job:

- Responding to emergency calls for help, such as accidents and crimes
- Investigating crimes and pursuing and arresting suspected offenders
- Maintaining public order at gatherings and events
- Providing assistance to victims of crime and their families
- Patrolling roads and enforcing traffic law
- Dealing with people who may be violent and unpredictable, or affected by alcohol and drugs
- Maintaining proper reports and records

Lifestyle Impact: High

- Part Time opportunities: Very low – only around 7% of Police Officers work part-time (source: joboutlook.gov.au).
- Average hours for full-time workers: 43 hours a week, which is average (source: joboutlook.gov.au). However, you can expect to be working at odd hours, such as overnight, and on weekends and holidays.
- Police Officers' salary (average) \$75,000* per year (source: seek.com.au). *Salaries vary depending on your skills and experience.
- Future career growth: Strong (source: joboutlook.gov.au).
- This is a job where you may see some extremely confronting things, and can be very mentally challenging. You need to be emotionally resilient and prepared for any situation as a Police Officer.

How to become a Police Officer in Australia

The process of becoming a Police Officer in Australia

can vary slightly in each State and Territory. Generally you only need to have finished Year 12 to become a recruit. You will need to be 18 years of age and hold a driver's license.

Step 1 – Complete Year 12 with a strong focus on English and Maths.

Step 2 – Apply to become a recruit police officer in your State or Territory. As part of the application process, you will need to provide your education and employment history, as well as undergo rigorous interviewing and testing, including fitness, psychometric, medical and aptitude testing.

Step 3 – If your application is successful, you will be invited to complete a training program. The length of the program varies in each State and Territory.

Step 4 – Once your training is complete, and you meet any other requirements, you can start working as a Police Officer.

Step 5 – You will need to continue building your skills and training throughout your career, or you can choose to move into specialised role.

Frequently Asked Questions (FAQs)

What do Police Officers do?

Police Officers work to protect people and property from harm through enforcing the law. They have a wide variety of duties, including patrolling, conducting investigations, making arrests, and more.

Which industries employ Police Officers?

Most Police Officers work in the Public Administration and Safety industry.

What options are there for career progression?

You can start out doing general policing duties, and as you gain experience choose to move into a specialist role, such as forensic investigation, dog squad, water police, and more. Or you could choose to move into more managerial roles.

Do I need to go to university to become a Police Officer?

No, you don't need any particular qualifications to become a Police Officer. However, when you apply any education and experience you have will be taken into consideration, so having done some study can work to your advantage.

Where do Police Officers work?

Police Officers work all around Australia and globally. They work in all sorts of outdoor environments, as well as in offices doing administration work.

Happy Careers Searching!

Mrs Dianna Chedid

Careers and VET Coordinator

Library Corner

St Charbel Prayer Competition.pdf

https://stcharbel.schoolzineplus.com/_file/media/784/newletter_prayer_competition.pdf

Science Week Promo.pdf

https://stcharbel.schoolzineplus.com/_file/media/798/science_week_promo.pdf

RSVP to Join the Online Author Visit for Book Week!

To celebrate 2021 CBCA Book Week, we are having an online author visit from Zeno Swords. His book, 'This Small Blue Dot' has been nominated for 2021 CBCA Book of the Year: New Illustrator.

Please RSVP at the following link:
<https://forms.gle/ytzyCFgGR3SFTnaL8>

Students will be able to learn about how Zeno illustrates his books and will participate in activities creating their own illustrations!

When? 18th August at 12:30pm

Where? Online at home - join in the fun!

Please email stafflibrarymailinggroup@stcharbel.nsw.edu.au if you have any questions.

Mrs Simone Cullinan, Mrs Janet Galimi, Mrs Rima Wakim, Mrs Susie Yammouni and Mrs Mounira Akkari

Librarians

Chess!

Chess_Club_Notice_for_School_Newsletter_St_Charbel_s_College_Punchbowl_.pdf

https://stcharbel.schoolzineplus.com/_file/media/764/chess_club_notice_for_school_newsletter_st_charbel_s_college_punchbowl_.pdf

COVID-19:

Access the following link for the latest information on the COVID-19 situation in NSW:

<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/case-definition.aspx>

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?
Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

Where can I get more information about self-isolating?
<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and/or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.

Coronavirus
(COVID-19)

GOOD HYGIENE IS IN YOUR HANDS.

Wash your hands thoroughly with soap and water for at least 20 seconds to prevent passing on germs. Dry your hands.

TOGETHER WE CAN HELP STOP THE SPREAD AND STAY HEALTHY.
For more information about **Coronavirus (COVID-19)** visit health.gov.au

HELP STOP THE SPREAD AND STAY HEALTHY

Australian Government

Authorised by the Australian Government, Canberra

Cleaning surfaces at home to help stop the spread of COVID-19

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

How to clean

Frequently touched surfaces	Less touched surfaces
<ul style="list-style-type: none"> • doorknobs • handles • light switches • phones • tablets • touch screens • tables • hard-backed chairs 	<ul style="list-style-type: none"> • remote controls • keyboards • desks • toilets • sinks/basins • car steering wheel • car seats
<ul style="list-style-type: none"> • floors • walls • ceilings • window blinds • curtains 	

Regularly clean with a household detergent followed by disinfectant, or use detergent/disinfectant wipes (scrub hard).

Clean using a household detergent or detergent wipes. Use a damp mop on hard floors. Clean walls and window blinds when visibly dusty or soiled. Curtains should be changed regularly and cleaned when soiled.

Detergent or disinfectant?
Detergents help remove germs, dirt, and impurities from surfaces but they do not kill germs. Disinfectants kill viruses and bacteria but don't remove them from a surface. Using a detergent then a disinfectant helps lower the risk of spreading infection.

If you have been outside
If you have to leave home, when you return:

- wash your hands as soon as you enter and after putting groceries or other items away. Wash your hands before you eat
- if you would feel better to do so, remove your shoes and clothing if you have been on public transport or in spaces where you weren't able to keep 1.5 metres from others
- wipe down your phone
- keep your keys in one place.

More information:
www.nsw.gov.au/covid-19

Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days. This may vary based on the temperature, humidity and type of surface.

Residents and common areas
People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.

More information:
www.nsw.gov.au/covid-19

Upcoming Events:

Friday 6 August:

Secondary Awards Presentation

Primary 'Green and Gold Friday'

Friday 13 August:

Pupil Free Day

Monday 16 August – Monday 30 August:

Year 12 Trial Examinations