



142 Highclere Avenue
Punchbowl NSW 2196

Subscribe: <https://stcharbel.schoolzineplus.com/subscribe>

Email: info@stcharbel.nsw.edu.au

Phone: 02 9740 0999



Issue 3, Term 1 – 11 March 2022

From The Principal



On Monday 27 February, the student and families of St Charbel's College attended a liturgy to commence the season of Lent, to recall our beginnings and reflect on what we anticipate to achieve during Lent.

Ash Monday is the commencement of Lent. It is a time when we focus on our relationship with God and slow down to reflect

on our lives and our personal values.

On this day we need to emphasise on fasting but more importantly on penance involving good deeds and prayer. We all need to encourage our children and ourselves to assist others, say a kind word or do a good deed during Lent like the Good Samaritan. Lent is an opportunity for everyone as parents, students and teachers to examine ourselves if we are faithful to the vocation that we are called for and to put every power that we have to reach our goals whether it is educational, pastoral or spiritual.

Our joy and hope are in the Lord who created us on His image and gave us the authority to rule the world and its creations. At the beginning of this great season, let us turn back to God thanking Him

for His great love to us and call Him to dwell within us so our life will flourish with His great gentleness.

In the same spirit, this year for Lent, the Year 9 cohort at St Charbel's College and the College Community in collaboration with Caritas Lebanon and The World Patriarchal Maronite Foundation for Integral Development are all going to help Lebanon. I would like to thank Mrs. Panteli and the Year 9 Cohort for their dedication and commitment to this year's fundraiser.

St Charbel's community thank you for your continuous generosity and encourage you never ceasing help but supporting those who are in most need by donating to help the many people in Lebanon that are suffering and in need of many essential items.

The GoFund Me Page has been set up for the Lebanese Family Appeal. Here is the link: <https://gofund.me/3a4d22f1>

I would like to congratulate our 2022 SRC Students. We look forward to the SRC living out their pledge of serving Christ through serving others.

May God bless you during this Great Lent.

Fr. Maroun Youssef
Principal

From LOTE Department

Welcome to our first Arabic newsletter for 2022! All students in the school study Arabic (LOTE), where they participate in a range of activities, games and role plays to help them read, write, and speak in Arabic.

Learning another language allows our students to develop many cognitive skills, such as improved memory, problem-solving and critical thinking. It also helps students to improve their literacy skills and their understanding of the English language.

By now students from grades 2-8 are been grouped into 2 colours. The aim of these colours is to differentiate the lesson and to cater individual student needs.

If you have any concerns about your child Arabic Language learning, your first contact is your child Arabic teacher.

2022 Arabic teachers:

Mrs Nada Kazzi: Kindergarten and 4G

Mrs Marie Sandrussi: 1G, 1H, 1M, 3P

Mrs Najat Bayeh: Grade 2

Mrs Nawal Azzi: 3M, 3H 5M, 4M and 4H

Mrs Minerva Estephan: 3G, 5H, 5G and grade 6

أشكر أهالي صفوف الروضة الذين حضّروا أطفالهم للبدء في مسيرتهم الدراسية. فقد اندمج الطلاب في برنامج المدرسة، بعد أسابيع قليلة، وبدأوا يسمعون ويفهمون مواضيع اللغة العربية، التي تُقدّم لهم.

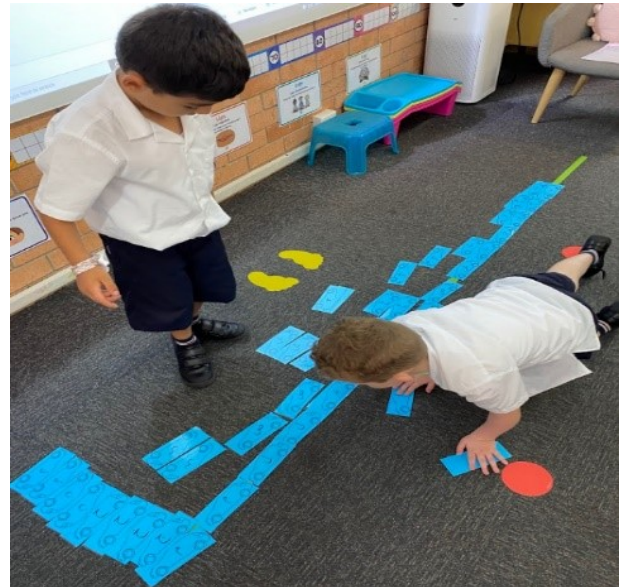
لقد تعلموا الآن بعض الأغاني والعديّات، وتعرّفوا أيضاً على الألوان، وبعض الحروف الهجائية؛ وقد صار البعض منهم قادراً على التعبير والتحدث عن الذات.

أتمنى لتلاميذ الروضة التّقدّم في مسيرتهم، وأن يكبروا على حبّ وتقدير لغة الوطن.

شكراً لتعاونكم ومساعدتكم

السيدة ندى قرّي

Mrs Adeline Dargham
Head of LOTE – K-12



From The Primary School

The year six school and sport captains received their medals on Monday March 7th

during our morning assembly. Father Maroun presented our captains:

School Captains: Daniel El-Inaty & Natalie Chahade
Liturgy Captains: Carl Accari & Elena Jaajaa
Pastoral Care Captains: Jamie Malki
Social Justice Captains: Christine Bejjani & Sasha Najem
Environmental Captains: Sarkis Achmar & Clara Turk

Father Youhanna presented our sport captains:

Red – St Rafka: Joseph Khoury & Josephine Mansour
Blue – St Nemetallah: Nicholas Abi Hanna & Sienna Chidiac
Yellow – Mary Mackillop: William Mardini & Lourdes Souccar
Green – Blessed Estephan: Angelina Aoun & Andrea Dagher

Our school leaders have been brainstorming some great ideas in relation to lunch clubs as well as fundraisers at the school. These students are very keen leaders to are looking forward to making a difference to those around them.

Mrs Shannon Pappasavvas
Stage 3 Coordinator



From Year 9

Dear All,

This year for Lent, the **Year 9 cohort** and the College Community in collaboration with Caritas Lebanon and the World Patriarchal Maronite Foundation For Integral Development are all going to help Lebanon.

How can you help?

- Donate via the GoFundMe Page created by St Charbel's College (see the College Facebook Page)
- Donate via the Appeal Boxes provided to your child at school. The boxes need to be returned by Thursday the 7th of April.
- Purchase a pizza for \$10 in the high school on Tuesday 17th of March at lunchtime
- Purchase a pizza for \$10 in the primary school on Monday 21st of March at lunchtime
- Participate in the handball competition in the high school on Wednesday 23rd of March
- Purchase some cakes at recess at the cake stall in the high school on Monday 21st of March
- Participate in the Jelly Bean Guessing Competition

We are all so blessed to be in this country, so we have a special responsibility to serve others who are going through tough times. You are all invited to help the many people in Lebanon that are suffering and in need of many essential items.

Your donation will make a difference!

Mrs Andrea Panteli
Year 9 Coordinator



From High school History Department

The Fishbowl activity is an alternative, interactive way of learning. It allows students to ask more sophisticated questions, extend their knowledge and to think before they answer. This activity allows us to understand empathy as the “outer circle” has to characterize themselves and put themselves and put themselves in their characters shoes. This allows them to understand specific character and the conditions they had to endure. The “inner circle” retains knowledge in a short amount of time plus shares this knowledge with the remainder of the class. This activity moves us away from pen and paper and invokes empathy within us. We are able to understand rather than memorising.

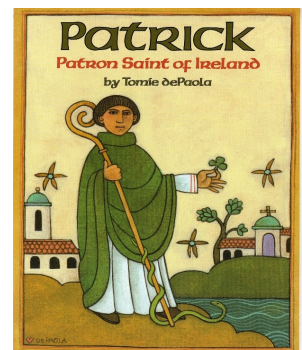
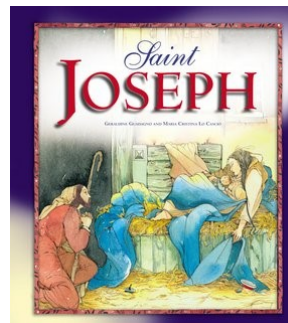
Rachel El Bayey
Year 10 History Student



From The Library

This month we celebrate the Feast Days of Saint Joseph and Saint Patrick. Our students always show keen interest in learning about the lives of the Saints. The Saints teach us how to face adversity, live faithful lives and keep God at the centre of our hearts.

We have a wide range of religious books in our Non-Fiction collection including the lives of Saints, children’s bibles and prayer books.



We have an exciting new Research tool for our Secondary students. JSTOR is a digital library which offers millions of journal articles, images and books. JSTOR will provide our students with open access to reliable sources for their research, assessments and general curiosity about the world in which we live. Sign into JSTOR from the Library Homepage.



NEW!!!

JSTOR Secondary Schools Database Journal Articles and Books

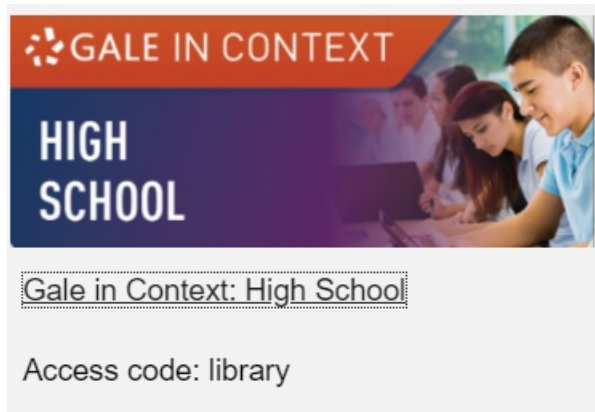
Username: stcharbel

Password: green22

We are also very fortunate this year to have access to GALE. Students can discover a wealth of information

including titles from 120+ publishers, thousands of newspapers and journals and more than 175 million pages of primary sources. You can access GALE via the Library Homepage. GALE is a useful research tool for students in Stage 3 through to Stage 6.

We are encouraging students to use JSTOR and GALE to locate reliable information for their assessment tasks and general research needs. The Library Staff will assist students in using these new digital tools throughout the course of this year.



From The Counselor

Monthly Parent Chat

We know parenting can be tough, so we want to help

We've started a monthly online drop-in for parents to ask questions and meet youth workers with expert knowledge in supporting young people.

If you have a child or teenager that is going through a tough time, having difficulties with school, or stopped being open with you, and you're unsure how to help them, join us online to speak to us!

This month's special topic will be **Mental Health and Young People**; however there will also be time allocated for general questions and answers

When: Every second Tuesday of each month – The next upcoming session is **8 March**

Time: 7-8pm

Where: Online using zoom

Who: Parents with children aged 9-18 years

Register your attendance and find out more about each month's topics at cb.city/parentchats or you can also [drop-in each month by using this Zoom Link](#)

From the counselors

From The Careers Department

Please navigate through the College's Library webpage to explore Career options with your children. Please feel free to contact me via the school office or email if there are any Careers related issues you would like to discuss.

Careers in the Spotlight

How to become an Electrician

Bring electricity to the world

What do Electricians do?

Electricians are responsible for installing, repairing, and maintaining electrical systems in a variety of settings, including domestic, commercial, and industrial. Electricians can work in a huge number of environments depending on their specialisation. Because you will be working with live electricity, knowledge of safety procedures and equipment is essential.

If you like to be physically and mentally stimulated, want a job with lots of variety, and don't mind working on your feet, becoming an Electrician could be ideal.

About you:

- Great problem solver
- Safety-conscious
- Excellent communicator
- Good with your hands
- Can work in teams and independently
- Great with technology
- Critical thinker
- Mathematically minded

The job:

- Installing and repairing electrical systems
- Examining blueprints and wiring diagrams
- Selecting and cutting appropriate wiring
- Testing existing systems and devices to find faults
- Replacing faulty and unsafe parts
- Connecting systems and devices to power supply
- Positioning and installing switchboards
- Performing general maintenance and repairs

Electricians are most in demand in these locations:

This is a very large occupation, with around 169,000 people working as Electricians in Australia in 2020 (source: labourmarketinsights.gov.au). Demand for Electricians is spread evenly across

Australia, with a higher-than-average demand in Western Australia and Queensland. Most Electricians work in the Construction industry.

How to become an Electrician in Australia

You will need to complete a relevant VET qualification in order to work as an Electrician in Australia. This is usually done as an apprenticeship.

Step 1 – Complete Year 10 with a focus on English and Maths.

Step 2 – Find a business willing to take you on as an apprentice, and complete your [Certificate III in Electrotechnology Electrician](#).

Step 3 – Before you can legally work as an Electrician, you will need to obtain licensing and permits. This can vary from state to state.

Step 4 – Start working as a qualified Electrician and continue to build your skills and knowledge.

Step 5 – Once you have lots of experience, consider starting your own business and employing others.

Frequently Asked Questions (FAQs)

What do Electricians do?

Electricians install, repair and maintain a wide variety of electrical systems and devices in many different settings and industries.

Which industries employ Electricians?

Electricians are mostly employed in the Construction industry.

What options are there for career progression?

You will start out as an apprentice, before becoming a fully qualified Electrician. With lots of experience and knowledge, you might like to start your own business. There are also lots of specialisations you can look into.

Do I need to go to university to become an Electrician?

No, you do not need to go to university to become an Electrician in Australia. However, you will need to complete a VET qualification, usually through an apprenticeship, plus obtain other relevant licensing.

What are 3 things I can do right now to help me become an Electrician?

If you're in high school and you'd like to find out if a career as an Electrician is right for you, here's a few things you could do right now:

1. Consider doing an electrical pre-apprenticeship while at school. This can help you start building necessary skills and knowledge, as well as giving you a head-start with your future qualification.
2. See if you can find work experience with a local business. This will help you see if you might enjoy the work, and can help you start building important contacts for the future.
3. Talk to an Electrician to see what a day in their life is like. If you don't know anyone, see if you can watch videos or documentaries about a career in construction or as an Electrician.

Happy Careers Searching

Mrs Dianna Chedid
Careers Coordinator



Hygiene advice for people living in residential buildings

Coronaviruses, such as COVID-19, can survive on surfaces for a few hours or up to several days.

This may vary based on the temperature, humidity and type of surface.

Residents and common areas

People living in residential buildings should take care when moving through common areas to reduce the risk of COVID-19:

- Clean your hands with soap and water for 20 seconds or use an alcohol-based hand rub/sanitiser after touching any frequently touched surfaces in common areas. This includes doorknobs or door handles when you enter and exit the building or when using communal washing machines or dryers
- Cover your nose and mouth with a tissue when coughing and sneezing or use your elbow, not your hands
- Avoid close contact with people unwell with cold or flu-like symptoms
- Avoid touching your face and avoid shaking hands with others
- Try to maintain a distance of 1.5 metres from others as much as possible in your apartment block, such as in elevators, stairwells or hallways
- Do not gather in large groups in common areas such as rooftops or courtyards.

Cleaning guidance for NSW strata managers and body corporates

- Regularly clean frequently touched surfaces in common areas with a detergent followed by disinfectant, or use detergent/disinfectant wipes
- Consider providing adequate alcohol-based hand rub (sanitiser) for residents to use.



More information:
www.nsw.gov.au/covid-19

Coronavirus (COVID-19)

COVID-19 Testing

Who should get tested?

Anyone with cold or flu-like symptoms, even if very mild, should get a COVID-19 test as soon as possible. COVID-19 symptoms include:

- fever e.g. chills, night sweats
- respiratory symptoms such as cough, sore/scratchy throat, runny nose, shortness of breath, loss of smell or taste
- other symptoms including muscle and joint pain, diarrhea, nausea/ vomiting and loss of appetite.

What to expect when you get tested?

- Testing is free, easy and quick.
- If you have been referred to a testing clinic, please take your referral with you. This is not needed for most clinics.
- Staff at testing and respiratory clinics will be wearing masks, gowns, gloves and face shields.
- Staff will ask you about your symptoms
- Swabs are taken from inside your nose and your throat.

What happens after I get tested?

- You must stay at home (self-isolate) until you get your test result and are well.
- You cannot leave your home unless you are seeking medical care or in an emergency. You cannot have visitors.
- If your symptoms become serious (e.g. difficulty breathing), call Triple Zero (000). Tell the ambulance staff you have been tested for COVID-19.
- If you are sharing your home with others you should separate yourself in another room. Wear a surgical mask when you are in the same room and keep 1.5 metres away.

- Practice good hygiene. Wash your hands often. Cover your cough or sneeze with your elbow or a tissue.

Where can I get more information about self-isolating?

<https://www.health.nsw.gov.au/infectious/covid-19/Pages/resources.aspx>

- If you have been in close contact with a person with COVID-19, you need to stay home for 14 days after you last saw that person. (Close contact includes living in the same household or spending more than 15 minutes face-to-face or 2 hours sharing a closed space, with someone with COVID-19, from 48 hours before they became ill).
- Home isolation applies to all close contacts, even if you are currently feeling well and or have received a negative test result.

How will I get my results?

- You will usually receive your test result within 24 to 48 hours but please allow up to 72 hours.
- If you had your test done at an Emergency Department or public hospital COVID-19 clinic you can receive your COVID-19 negative test result by SMS if you register for Pathology COVID-19 SMS Results Service. If you don't register you will receive a call from a Public Health officer at your Local Health District.
- If you had your test collected by your GP or at other sites, your doctor will give you your results.

What happens if I test positive?

- NSW Health will look after you. There will be no cost for your treatment, even if you don't have Medicare.

